

Rochdale Occupational Health Service Ltd

COURSE CONTENT

1-day Emergency First Aid at Work Course (EFAW)

This HSE Approved 1-day course is ideal for smaller workplaces presenting few health & safety risks with candidates learning Basic Emergency Aid in accordance with the syllabus of subjects taught as set out in the First Aid at Work Regulations 1981 - Approved Code of Practice 2009.

After successful completion of the course, an attendance certificate is issued qualifying them to work in industry as an Emergency First Aider for a period of three years.

Cost of training is £85.00 + vat

Morning Session

9.00am - 12.00pm

Morning Break - 10.15am - 10.30pm

- Welcome
- Duties & Responsibilities
- Priorities of Treatment
- Primary Survey & CPR
- CPR Skill Station
- Heart Attack & Angina
- Shock
- Epilepsy

Afternoon Session

12.45pm - 4.00pm

Afternoon Break - 2.00pm - 2.15pm

- Diabetes
- Secondary Survey
- Recovery Position
- Recovery Skill Station
- Stroke
- Wounds & Bleeding
- Burns & Scalds
- Choking
- EFAW Assessment Paper